



Washington State eliminated the reduced-price co-pay for all students participating in the School Breakfast Program and for students in grades K–3 for the National School Lunch Program (NSLP). **Now, all students eligible for reduced-price meals in public schools operating the NSLP can participate at no cost!**

The prices below are for the non-participating students 2023/24 School year.

HHES- Breakfast \$1.75 HHES Lunch \$3.25

HMS Breakfast \$1.95 HMS Lunch \$3.65

HHS Breakfast \$2.25 HHS Lunch \$3.80

Adult/ Guest Lunch \$5.00

1 GREAT TRAY

A healthy lunch consists of five components:

- Milk**
- Fruit**
- Vegetable**
- Grain**
- Protein**

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|--|--|--|
| Grains Choose Whole Grains | Protein Choose Lean Meats, Low-Fat Cheese, Yogurt, Peanut Butter, Beans & Eggs | Milk Choose Fat-Free or Low-Fat Milk |
| Fruits Varieties Offered Daily | Vegetables Varieties Offered Daily | |

Eat Smart! Make choices from all five food groups daily!

Students are **REQUIRED** to choose 3 of the 5 components with at least 1 fruit or vegetable to make a lunch.

There will still be a charge for a la carte items such as Flavored Waters, Granola bars, Entrée only etc.

If you have any question

Please call:

Joshua BrownSilva DDS/Chef

Dining Service at 360-448-6481